June 6, 2025

DOH-Columbia Observes Revive Awareness Day



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Columbia, Fla. — The Florida Department of Health in Columbia County (DOH-Columbia) observes Revive Awareness Day on **Friday, June 6, 2025**, and reminds residents that naloxone (Narcan) is a medication that can reverse the effects of an opioid overdose. Floridians can find naloxone for their community by calling DOH-Columbia at 386-758-1068.

DOH-Columbia offers naloxone (Narcan) at the following location:

Florida Department of Health Columbia County 217 NE Franklin St. Lake City, FL 32055

Signs of an Overdose

All Floridians need to know the signs of an overdose, which include:

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak, or not breathing
- Choking or gurgling sounds
- Cold or clammy skin
- Discolored skin, especially lips and nails
- Limp body

What to Do if You Think Someone is Overdosing

If you suspect someone has overdosed, call 911 immediately.

Administer naloxone (Narcan) if available, lay the person on their side to prevent choking, and try to keep them awake and breathing until emergency assistance arrives.

What is the HEROS Program?

The Florida Department of Health's **Helping Emergency Responders Obtain Support** (HEROS) program provides naloxone to emergency response agencies throughout the state. Any Florida agency that employs licensed emergency responders may <u>apply to the HEROS program</u>.

If You or a Loved One Need Help

The **Coordinated Opioid Recovery (CORE) Network** is the first of its kind in the U.S. and aims to eliminate the stigma of addiction and treat substance use disorder as a disease, with the same level of continuous care. Floridians battling with addiction can utilize the **CORE Network**

for stabilization and to receive medication assisted treatment from a network of specialized medical experts that will help guide them on a sustained pathway to healthy success.

Spearheaded by First Lady Casey DeSantis, "The Facts. Your Future." campaign focuses on supporting students statewide to ensure they receive prevention instruction and encouragement to protect and maintain their health, avoid substance misuse, and discourage risky behaviors so they can thrive and flourish for life. This <u>campaign</u> is an interactive approach to ensure students are informed and can make safe decisions as they grow.

A <u>public health and safety alert</u> was also deployed by the Florida Department of Health on July 8, 2022, to ensure Floridians remain vigilant of the signs of overdose. <u>Poster materials</u> are available.

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The Department, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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