

Scott A. Rivkees, MD State Surgeon General

Vision: To be the Healthiest State in the Nation

North Central Florida Breastfeeding Support Resource List DRAFT 10/6/2020

Alachua Women Infants and Children Program (WIC) www.floridawic.org

For WIC appointments: 1-800-494-2543 or (352) 225-4343. Serving Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee and Union Counties. Providing prenatal and postpartum breastfeeding education and support, peer counselor and IBCLC services, breast pumps for medical need and working mothers. Susie Tanner, MPH, IBCLC, Breastfeeding Coordinator. <u>Susie.tanner@flhealth.gov</u>. (352) 225-4369.

Marion County WIC Program Marion.floridahealth.gov (352) 622-1161

Breastfeeding classes, mom support groups, peer counselor services, breastfeeding support and pump assistance. Sandra Seibert, CLC, Breastfeeding Coordinator. <u>Sandraseibert@flhealth.gov</u>. (352) 644-2726.

Breastfeeding USA North Central Florida Chapter Facebook: https://www.facebook.com/BFUSANCF

Providing face-to-face, phone, text, online and email mother-to-mother breastfeeding support. Leaders: Sarah and Stormy. stormy.miller@breastfeedingusa.org sarah.graham@breastfeedingusa.org

Healthy Start of North Central Florida <u>http://www.healthystartncf.org/</u>

Home visitors offer breastfeeding education and support in all North Central Florida counties. To contact Healthy Start in your county: <u>http://www.healthystartncf.org/heathy-start-program/contact-us/</u> 1 (877) 678-9355.

La Leche League of Gainesville <u>http://www.lllgville.com</u>

Free monthly meetings, phone and online support. Leaders: Justine, Patricia, Rachel and Tricia. Phone: (352) 507-5530. Email: <u>gainesvillellleader@gmail.com</u> Facebook: <u>www.facebook.com/LLLofGvilleFL/</u> Instagram: <u>https://www.instagram.com/Illgainesville/</u>

North Central Florida Lactation Services

Providing virtual/telehealth consults during the COVID. Stormy Miller, IBCLC. 352-234-4030. <u>stormy@NCFLactation.com</u>. <u>https://northcentralfloridalactation.com/</u>

North Florida Regional Medical Center (NFRMC) Gainesville

To contact a Lactation Consultant: (352) 333-5315. Free face-to-face consults by appointment. To register for breastfeeding classes: 1-800-611-6913. Postpartum Support Group Tuesdays 11:30am - 2:00pm (for babies 2-12 weeks).

Milky Way Mobil Lactation Services Lake City area. Suzannah Bounds RN, IBCLC. (386) 365-3035 <u>suzyqbsn@gmail.com</u>. LM 9/1/2020

Bonding with Baby Lactation, LLC Marion County. Eden Navarez, MA, IBCLC. (352) 615-9307. <u>e@bondingbabylactation.com</u>

Angela Daniel, MSSW, CD (DONA), CLC Family Centered Birth Services, providing lactation education and support for the Gainesville area. (352) 477-2139. Office on Women's Health www.womenshealth.gov/breastfeeding/

Florida Department of Health in Alachua County 224 SE 24th Street • Gainesville, FL 32641 PHONE: 352-334-7900 • http://www.alachuacountyhealth.com FloridaHealth.gov



Comprehensive breastfeeding information. English and Spanish Helpline 1 (800) 994-9662. Mon-Fri 9 a.m. - 6 p.m. EST.

UF Health Shands Gainesville

To contact a Lactation Consultant: (352) 265-0317. Breastfeeding Support Group Tuesdays 11:30am – 1:30pm. To register for breastfeeding classes: <u>https://ufhealth.org/breastfeeding-class</u>

Breastfeeding Support @ UF Health <u>http://cbn.med.ufl.edu/</u>

For appointments: (352) 334-0206 (Pediatric Access Center-schedules for all clinic locations). UF's pediatric clinics have lactation consultants who provide assessment, treatment, and advice for maternal and infant breastfeeding problems. Consults, frenotomies, and professional education are also provided. Locations: Children's Medical Services Building near Shands, Tower Square, Magnolia Park and Tioga.

North Central Florida Breastfeeding Coalition ncfbreastfeeds.org

https://www.facebook.com/northcentralfloridabreastfeedingcoalition/

Area lactation consultants and maternal child health organizations working together to support, promote and protect breastfeeding. We meet bimonthly via Zoom. Follow us on Facebook for breastfeeding resources and events in the community. Susie Tanner, IBCLC, Coalition Chairperson (352) 256-4227.

Breast Pump Rentals

Gainesville Area Especially for Women (352) 332-9095 6781 W. Newberry Road Gainesville, FL 32605

The Gift Stop at UF Health Shands Children's Hospital (325) 265-0121 1600 SW Archer Road Gainesville, FL 32601

Lori's Gifts at North Florida Regional Medical Center (352) 333-4068 6500 W Newberry Rd Gainesville, FL 32605

Marion County Area Bittings Pharmacy Medical Equipment 619 SE 17th St Ocala, FL 34471 (352) 732-3666 Ext 3



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