HIKING FOR HEALTH COMMUNITY WALK

IN O'LENO STATE PARK

February 20, 2016

8:00am – 10:00am

Located 6 miles North of High Springs on Hwy. 441

Make a commitment to being healthy and active! The Florida Department of Health in Columbia County is hosting a Community Walk along O'Leno State Park's main paved drive. The Department will be on hand to help you track your weight and BMI. Community Walks will continue throughout the year on the 3rd Saturday of each month. The park will offer half priced admission fees to all participants. **Enjoy Life! Be outside!** Health checks and registration begins at 8 a.m. Walk begins at 9:00 a.m.

All participants will receive a free pass for their next visit at O'Leno State Park!!